

## **SamtalsAkuten/Acute therapy**

054-18 00 50

samtalsakuten@karlstad.se

This is an opportunity for those aged over 18 who are in an acute life crisis to talk to someone if you have suffered a separation, bereavement, unemployment, an existential crisis or some other form of life crisis.

The first point of contact is a telephone answering machine or e-mail. We do not keep journals. The cost is SEK 120 per session, which can be paid in cash or by Swish. The therapy session will be 50 minutes, and you are offered a maximum of 8 sessions. There is an opportunity to use an interpreter.

Welcome!

Västra Torggatan 15, Karlstad

Värmland county council, the Church of Sweden and the municipalities in Karlstad, Forshaga, Hammarö and Kil.

## **Krismottagning för män/Crisis clinic for men**

054-18 01 54

Krismottagningenforman@karlstad.se

This clinic is for men aged over 18 and who need therapy and help to manage anger, aggression, domestic problems or other life crises.

The first point of contact is a telephone answering machine or e-mail. We do not keep journals. The cost is SEK 120 per session, which can be paid in cash or by Swish. The therapy session will be 50 minutes, and you are offered a maximum of 8 sessions. There is an opportunity to use an interpreter.

We also offer the possibility to join our non-violence group.

Welcome!

Västra Torggatan 15, Karlstad

Värmland county council, the Church of Sweden and the municipalities in Karlstad, Forshaga, Hammarö and Kil.